

THE CONTENT OF MINERAL ELEMENTS IN *SOLANUM* SPP. FRUITS

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Introduction

Solanum plants have a healthy nutritional profile in form of minerals including calcium, iron and phosphorus, an appreciable amount of proteins, vitamin A and C, fat, fibre as well as sufficient amounts of methionine (Lu et al., 2011).

Solanum retroflexum also known as “sun-berry”. (Fig 1). Scientific studies have shown that *S. retroflexum* accumulates 2.9 mg per 100g⁻¹ sodium, 890 mg 100g⁻¹ potassium, 27 mg 100g⁻¹ calcium, 24 mg 100g⁻¹ magnesium, 1.10 mg 100g⁻¹ iron, 0.69g 100g⁻¹ zinc (Sepliakov L.V.et, al., 2014).

Solanum melanocerasum is also known as “garden huckleberry”(Fig 1). According to scientists, 100 grams of berries can be found in 100 g: 3.2 g of protein, 1.0 g of fat, 6.4 carbohydrates, 2.2 g of dietary fiber, ca 200 mg, p 54 mg, fe 0.3 mg, β-carotene 3.7 mg, ascorbic acid 24 mg. The amount of all substances depends on the age of the plants, soil moisture and fertilization. (Muthomusyimi, 2009).



Figure 1.

S. retroflexum

S. melanocerasum

Methodology

Two genotype of *S. melanocerasum* and *S. retroflexum* were cultivated at Kaunas, Noreikiškės, Mariaus Stavecko farm in 2020-2021. Germination of seeds began in early March in greenhouse. In May, the strongest seedlings was selected and transferred to 10 l plastic bags with substrate. Substrate data: pH: 5.5-6.5; amount of fertilizer applied (fertilizer NPK 14:10:18) 2.0 kg / m³.

Mineral contents determination (Fe, B, Na, Mg, Al, P, K, Ca, Ti, Cr, Mn, Cu, Zn, Pb) from berries samples were carried out using a CEM MARS 6® (Matthews, NC, USA) digestion system equipped with 100 mL Teflon vessel. Digested samples were analysed by means ICP-MS (ThermoFisher Scientific, USA).

Results

The results of mineral composition presented in Table 1. The mineral elements such as P - 2733.99, K - 25462.01, Mg - 1747.95, Ca - 844.75, Fe - 398.94 mg kg⁻¹ were dominated in *S. retroflexum* berries. Highest levels of Na - 15.51 and Al - 7.10 mg kg⁻¹ was determined in *S. melanocerasum* berries. .

Table 1. Mineral composition of *S. retroflexum* and *S. melanocerasum* berries

Mineral elements	Content mg kg ⁻¹	
	S. Retroflexum	S. Melanocerasum
Macroelements		
P	2733.99±101.22a	2209.28±91.56b
K	25462.01±98.21a	19746.93±76.34b
Mg	1747.95±73.51a	1378.95±58.64b
Ca	844.75±61.20a	176.65±28.29b
Fe	398.94±21.3a	115.60±11.8b
Al	3.22±0.23b	7.10±1.24a
Na	0.00±0b	15.51±0.62a
Microelements		
Cu	50.39±6.32a	1.79±1.23b
Zn	26.44±3.11a	19.78±2.21b
Mn	14.25±2.22a	10.90±1.24b
Ti	6.98±1.01a	0.00±0b
Pb	6.17±0.98a	1.78±0.09b
B	3.37±0.21a	0.00±0b
Cr	0.00±0b	0.18±0.02a

Main conclusion

The results showed that the amount of minerals in berries varied depending on the genotype. *S. retroflexum* had a higher content of macro and micro elements compared with *S. melanocerasum* berries.